

Learning how to receive healing

3rd John 2 says - Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. Matthew 7:11 says - If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father which is in heaven give good things to them that ask him?

Point #1: Faith is the root of everything you receive from God

It takes faith to believe what you are asking God for

Mathew 21:22

And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.

Point 1A: What is Faith?

Our faith is the evidence of the things that we hope for

Hebrews 11:1

Now faith is the substance of things hoped for, the evidence of things not seen.

Point 1B: How does Faith come?

Faith comes by hearing the word of God. If you speak the word of God, your ears will hear it, and Faith will come faster because you believe your own words more than anyone else's. Faith will then get down into your heart

Romans 10:17

So then faith cometh by hearing, and hearing by the word of God.

Point 1C: You must put God's word in your heart in abundance.

What is the source that your mouth speaks from?

Mark 12:34

...for out of the abundance of the heart the mouth speaks

Mathew 15:11

Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man.

If what comes out your mouth (being negative) defiles a man, the inverse is true – that which comes out of your mouth (with faith field words) will purify or sanctify you.

Point 1D: How is Faith Released?

Faith is released by speaking

Mark 11:23

For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

You say, don't doubt in your heart, and believe – that those things which you say will come to pass, you will have whatsoever you say

Job 22:28

Thou shalt also decree a thing, and it shall be established unto thee: and the light shall shine upon thy ways.

In Job 22:28 – decree the word of God by using scripture over your life and your body

Questions to Help us understand healing

Question #1: What did Jesus do to secure our healing?

Jesus paid the price for our sin, and for our sickness, and with his stripes, we are healed

Isaiah 53:5

But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.

New testament version of Isaiah 53:5

1 Peter 2:24

Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

Question #2: How do we know healing is for us? (We are an All!)

If healing wasn't the will of God, then Jesus would have been violating God's will during his whole ministry – but we know that he only said what the father told him to say (John 12:49) For I have not spoken of myself; but the Father which sent me, he gave me a commandment, what I should say, and what I should speak.

Sickness is an oppression of the devil

Acts 10:38

How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.

God's gave a promise in the old testament to remove sickness

Exodus 23:25

And ye shall serve the Lord your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee.

Question #3: Is there any disease or sickness that is too hard for Jesus to heal?

Nothing is too difficult for the Lord

Genesis 18:14

Is any thing too hard for the Lord? At the time appointed I will return unto thee, according to the time of life, and Sarah shall have a son.

Is anything too hard for the Lord?...

Jeremiah 32:17

Ah Lord God! behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee.

Question 3A: Can Jesus heal a withered hand?

Mathew 12:9-13

⁹And when he was departed thence, he went into their synagogue:

¹⁰And, behold, there was a man which had his hand withered. And they asked him, saying, Is it lawful to heal on the sabbath days? that they might accuse him.

¹¹And he said unto them, What man shall there be among you, that shall have one sheep, and if it fall into a pit on the sabbath day, will he not lay hold on it, and lift it out?

¹²How much then is a man better than a sheep? Wherefore it is lawful to do well on the sabbath days.

¹³Then saith he to the man, Stretch forth thine hand. And he stretched it forth; and it was restored whole, like as the other.

Question 3B: Can Jesus heal leprosy?

Mathew 8:2-3

And, behold, there came a leper and worshipped him, saying, Lord, if thou wilt, thou canst make me clean.

³And Jesus put forth his hand, and touched him, saying, I will; be thou clean. And immediately his leprosy was cleansed.

Question 3C: Does God run out of power after healing someone?

Here Jesus heals 10 lepers – not just one

Luke 17:11-18

¹¹And it came to pass, as he went to Jerusalem, that he passed through the midst of Samaria and Galilee.

¹²And as he entered into a certain village, there met him ten men that were lepers, which stood afar off:

¹³And they lifted up their voices, and said, Jesus, Master, have mercy on us.

¹⁴ And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed.

¹⁵ And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God,

¹⁶ And fell down on his face at his feet, giving him thanks: and he was a Samaritan.

¹⁷ And Jesus answering said, Were there not ten cleansed? but where are the nine?

¹⁸ There are not found that returned to give glory to God, save this stranger.

Question 3D: Can God heal people who can't walk?

John 5:1-18

After this there was a feast of the Jews; and Jesus went up to Jerusalem.

² Now there is at Jerusalem by the sheep market a pool, which is called in the Hebrew tongue Bethesda, having five porches.

³ In these lay a great multitude of impotent folk, of blind, halt, withered, waiting for the moving of the water.

⁴ For an angel went down at a certain season into the pool, and troubled the water: whosoever then first after the troubling of the water stepped in was made whole of whatsoever disease he had.

⁵ And a certain man was there, which had an infirmity thirty and eight years.

⁶ When Jesus saw him lie, and knew that he had been now a long time in that case, he saith unto him, Wilt thou be made whole?

⁷ The impotent man answered him, Sir, I have no man, when the water is troubled, to put me into the pool: but while I am coming, another steppeth down before me.

⁸ Jesus saith unto him, Rise, take up thy bed, and walk.

⁹ And immediately the man was made whole, and took up his bed, and walked: and on the same day was the sabbath.

¹⁰ The Jews therefore said unto him that was cured, It is the sabbath day: it is not lawful for thee to carry thy bed.

¹¹ He answered them, He that made me whole, the same said unto me, Take up thy bed, and walk.

¹² Then asked they him, What man is that which said unto thee, Take up thy bed, and walk?

¹³ And he that was healed wist not who it was: for Jesus had conveyed himself away, a multitude being in that place.

¹⁴ Afterward Jesus findeth him in the temple, and said unto him, Behold, thou art made whole: sin no more, lest a worse thing come unto thee.

¹⁵The man departed, and told the Jews that it was Jesus, which had made him whole.

Question 3E: Can Jesus heal an issue of blood that doctors can't handle?

Mark 5:24-34

And Jesus went with him; and much people followed him, and thronged him.

²⁵And a certain woman, which had an issue of blood twelve years,

²⁶And had suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse,

²⁷When she had heard of Jesus, came in the press behind, and touched his garment.

²⁸For she said, If I may touch but his clothes, I shall be whole.

²⁹And straightway the fountain of her blood was dried up; and she felt in her body that she was healed of that plague.

³⁰And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes?

³¹And his disciples said unto him, Thou seest the multitude thronging thee, and sayest thou, Who touched me?

³²And he looked round about to see her that had done this thing.

³³But the woman fearing and trembling, knowing what was done in her, came and fell down before him, and told him all the truth.

³⁴And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague.

Question 4: What prevents someone from getting healed?

Unbelief is the direct hindrance for you not to receive healing

Mark 6:5-6

⁵And he could there do no mighty work, save that he laid his hands upon a few sick folk, and healed them.

⁶And he marveled because of their unbelief. And he went round about the villages, teaching.

Question 5: What is required for you to be healed?

Question 5A: Do you have to be a Christian?

No, none of the people Jesus healed were born again because he had not gone to the cross yet? – you only have to believe

Question 4B: Do you have to believe to be healed?

Yes

Mark 5:28

For she said, If I may touch but his clothes, I shall be whole.

The woman with the issue of blood used the same principal that is in Mark 11:23 - For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

She said – She Believed – She Doubted not in her heart – and she acted on what she spoke – she went and touched his clothes - and she received her healing immediately.

Question 6: Do you have to have Faith to be healed? Yes

According to your faith, so be it unto you

Mathew 9:27 – 29

²⁷ And when Jesus departed thence, two blind men followed him, crying, and saying, Thou son of David, have mercy on us.

²⁸ And when he was come into the house, the blind men came to him: and Jesus saith unto them, Believe ye that I am able to do this? They said unto him, Yea, Lord.

²⁹ Then touched he their eyes, saying, According to your faith be it unto you.

Methods of receiving Healing

Method #1: Call for the elders of the church

James 5:14-16

¹⁴ Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord:

¹⁵ And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.

¹⁶ Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

Method #2: Speak directly to the sickness or infirmity

Acts 3:6-7

⁶ Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.

⁷ And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones **received strength.**

Method #3: Use the Mark 11:23 principle and speak to the sickness and tell it too be removed

Just like the woman with the issue of blood did – “If I may touch his clothes, I shall be whole”

Method #4: Partner with God

Mark 9:23-25

Lord I believe, help my unbelief

²³ Jesus said unto him, If thou canst believe, all things are possible to him that believeth.

²⁴ And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief.

²⁵ When Jesus saw that the people came running together, he rebuked the foul spirit, saying unto him, Thou dumb and deaf spirit, I charge thee, come out of him, and enter no more into him.

Which Method should I use to receive my healing

Check your heart – which method do you have faith for believing in – and use that one.

When faith is high speak the word only

Mathew 8:8 – 10

The centurion answered and said, Lord, I am not worthy that thou shouldst come under my roof: but speak the word only, and my servant shall be healed.

⁹ For I am a man under authority, having soldiers under me: and I say to this man, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth it.

¹⁰ When Jesus heard it, he marvelled, and said to them that followed, Verily I say unto you, I have not found so great faith, no, not in Israel.

When faith is “medium” have people lay hands on you

Call for the elders of the church if there are any sick among you – James 5:14

When faith is low (this can be used when faith is high also – like the centurion)

Use Mark 11:23, Isaiah 53:5 and 1 Peter 2:24 and speak the word of God into you until faith comes into your heart in abundance.

Partner with God

Mark 9:24

Lord I believe, help my unbelief

Be proactive to keep your faith strong before you need healing in your body

Action #1: Personalize scripture and speak it out loud over your body and your life daily

Psalm 91, Isaiah 53:5 and 1 Peter 2:24

Action #2: Psalm 91:6 (Not being afraid of...)

Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday

Action #3: Keep the evil and the plagues away from you to start with

Psalm 91:10

There shall no evil befall me, neither shall any plague come nigh thy dwelling

Action #4: Proverbs 18:21 - Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.

Don't speak curses over your body, speak life and health to it

Action #5: Keep laughter into your life

Proverbs 17:22

A merry heart doeth good like a medicine: but a broken spirit drieth the bones.